Treating unwanted veins is a complex undertaking that can challenge even the most careful and practiced physician. Dr. Duffy offers some quick guidelines here that every patient should know and will go into greater detail at your first visit. To learn more about getting optimal results with a minimum of risk and expense, call us for a consultation.

FACTS ABOUT UNWANTED VEINS

❧ Unwanted veins of the face, legs, hands and body can be erased and kept away with careful management (and YES you can safely eliminate these without compromising the function that your veins serve).

❧ Veins can be treated using either traditional sclerotherapy--the injection of a mild caustic solution-- or by laser treatments. Dr. Duffy will explain the intricacies of this decision at your consultation.

❧ Regardless of treatment modality, patient selection and flawless technique are very important to success.

❧ Vein treatments involve only slight discomfort and do not require downtime from activities or work. Multiple treatments are the norm so plan on beginning well before you plan to be seen poolside.

❧ Most side effects, such as bruising, swelling, itching, and matting, are temporary, treatable and will resolve over time. Serious problems are rare.

❧ Certain types of larger veins can require more extensive diagnostic evaluation the use of compression hosiery post treatment.

❧ Contrary to what would seem logical, smaller spider veins often require more treatments than larger varicose veins.

❧ Tiny spider vein occurring in previously-treated patients can be more resistive than "virgin" vessels. For this reason it is important not to overtreat.

❧ Results vary from patient to patient due to a large number of variables in a patient's medical history, including the size and location of the vessels we are treating.

❧ The number of treatments required varies. New vessels will present themselves over time for the same reasons you got the first unwanted veins. So ongoing visits will likely be necessary to keep your legs looking their best.